



Imposter Phenomenon in Science

Instructor: Melissa Schütz (M.Sc. Psychology), KAP, Otto-Friedrich University Bamberg

Date & Time: Friday, October 25, 2024, 10.00 a.m. to 12.00 a.m. (s.t.)
Friday, November 15, 2024, 10.00 a.m. to 12.00 a.m. (s.t.)
Friday, November 22, 2024, 10.00 a.m. to 12.00 a.m. (s.t.)
Friday, December 06, 2024, 10.00 a.m. to 12.00 a.m. (s.t.)

Place: BAGSS, Feldkirchenstraße 21, 96050 Bamberg, Room FG1/00.06

Registration: To register, please send an email to courses.bagss@uni-bamberg.de by September 25, 2024. Registration is mandatory. The number of participants is limited to 10.

Short Outline

The so-called "Imposter Phenomenon" describes the belief of objectively successful and capable people that they do not deserve success and recognition. This is linked to a fear of being "exposed" as incompetent. It is widely spread among junior researchers and affects their work and well-being. This series of workshops aims at sensitizing students on the topic and their own feeling of being affected. The goal is to develop an effective strategy for assessing own abilities and to deal with existing self-doubt.

The workshop is mainly aimed at doctoral students. In case of any vacant places, it is open to anyone interested.

About the Trainer

Melissa Schütz, M.Sc., is a research associate at Otto-Friedrich-Universität Bamberg with a Master's degree in Psychology. Since 2022, she has been part of the Competence Center for Applied Personnel Psychology (KAP) and the Chair of Personality Psychology and Psychological Assessment. In addition to her research, she regularly conducts workshops on various psychological topics.